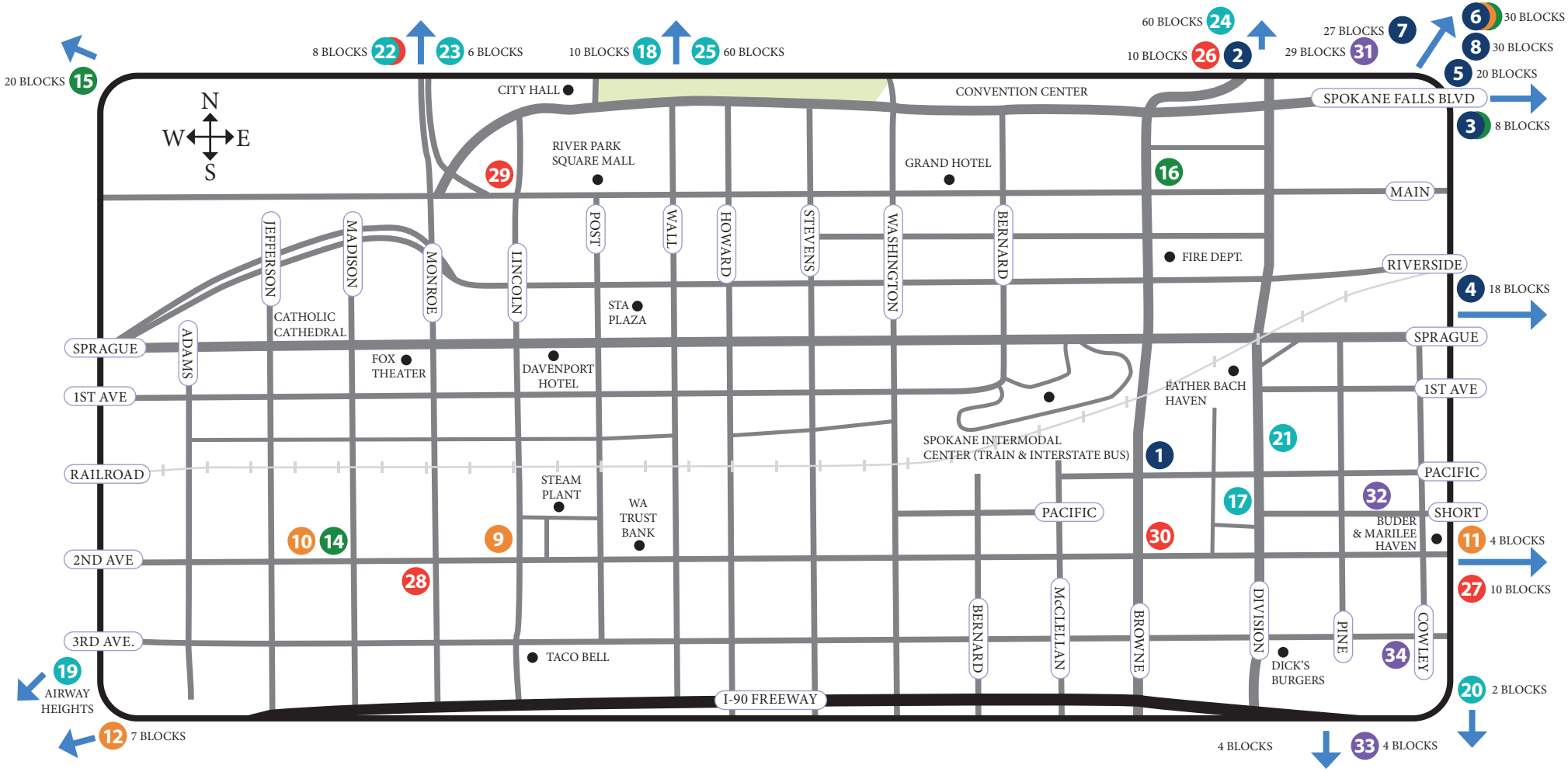

Shelter

1. House of Charity, 32 W Pacific Ave
2. The Way Out, 55 W Mission
3. UGM for Men, 1224 E Trent Ave
4. Truth Ministries for Men, 1910 E Sprague
5. UGM for Women & Children, 1515 E Illinois Ave
6. Crosswalk for Teens, 1440 N Haven
7. Family Promise Families, 2002 E Mission
8. Young Adult Shelter, 3104 E Agusta

Drop-In Day Centers

6. Crosswalk for Teens, 1440 N Haven
9. Women's Hearth, 920 W 2nd Ave
10. Cup of Cool Water, 1106 W 2nd Ave
11. Recovery Cafe, 622 E 2nd Ave
12. Daytime Navigation Center, 527 S Cannon St

Free Meal Sites

3. Union Gospel Mission, 1224 E Trent
6. Crosswalk for Teens, 1440 N Haven
14. Cup of Cool Water, 1106 W 2nd Ave
15. Off Broadway Family Outreach, 2225 W Mallon
16. Main Market $5 Community Dinner, 44 W Main

Mental Health and Addiction Treatment

17. Compassionate Addiction Treatment, 960 E 3rd Ave
18. Peer Spokane, 1222 N Post
19. Camas Health and Recovery, 10811 W 6th Airway Heights
20. STARS Treatment Center, 628 S. Cowley
21. Frontier Behavioral Health, 107 S Division St
22. Spokane Regional Health District Syringe Services, 1101 W College Ave
23. Revive Counseling & Re-Entry Navigation, 901 N Monroe
24. Ideal Option, 208 E Francis
25. Health & Justice Recovery Alliance, 8306 N Wall

General Resources

26. Spokane Housing Authority, 25 W Nora Ave
27. WorkSource Spokane, 130 S Arthur St
28. CHAS Health Clinic, 1001 W 2nd Ave
29. Central Library, 906 W Main Ave
30. Community Clinic, 32 W 2nd Ave

Homeless Housing Coordinated Entry

31. Youth & Young Adult Coordinated Entry, 3104 E Augusta
32. SNAP, 124 E Pacific
33. Catholic Charities, 101 E Hartson
34. Goodwill HEN, 130 E 3rd Ave

Downtown Spokane Homeless Resources Pocket Guide

SHELTER INFORMATION

FREE MEAL SITES

DROP-IN DAY CENTERS

MENTAL HEALTH & ADDICTION TREATMENT

GENERAL RESOURCES

COORDINATED ENTRY

SNAP NEIGHBORS BY YOUR SIDE

SPOKANE

V19_May_2026

Drop-In Day Centers

Daytime Navigation Center
Men and Women | 7 days/week
7:00am-7:00pm
527 S Cannon St • **509-507-4624**

Women's Hearth
Women | Mon-Fri
920 W 2nd • **509-455-4249**

Cup of Cool Water
Youth and Young Adults 14-24
Mon-Thu 9:00am-3:00pm
1106 W 2nd • **509-747-6686**

Recovery Cafe
Inquire about free membership
Tu-F 8:30am-4:30pm
622 E 2nd Ave • **509-242-3405**

Crosswalk for Teens
(Volunteers of America)
Ages 13-20 | 24/7
1440 N Haven • **509-624-2378**

Warming and cooling center updates at my.spokanecity.org/hazardsheltering

Coordinated Entry & Diversion Services

For additional resources call 2-1-1

Homeless Singles (SNAP)
Single adults and couples without children
Mon-Wed 8:30am-4:30pm
(Closed Daily 12pm-1pm)
124 E Pacific • **509-456-7627**

Homeless Families
(Catholic Charities)
Families with children
Tu-Th 8am-3pm
101 E Hartson • **509-325-5005**

Youth and Young Adult
(Volunteers of America)
Youth 13-18, Young adults 18-24
Mon-Fri 9am-5pm
3104 E Augusta • **509-990-0519**

Goodwill HEN
(Housing and Essential Needs)
Households receiving ABD
Mon-Thurs 8am-11am
130 E 3rd Ave • **509-838-4246**

Walk-in Only

General Resources

24 hour Regional Crisis Line
877-266-1818

Domestic Violence
509-326-CALL

LCS 24/7 Crisis Line for Crime Victim Advocacy
509-624-7273

Veteran's Hotline
509-828-2449

CHAS Street Medicine Team
509-993-8940

Spokane Transit Authority
509-325-RIDE

Fig Tree
thefigtree.org

Central Library
906 W Main Ave
509-444-5300

Spokane Housing Authority
25 W Nora Ave
509-328-2953

WorkSource Spokane
130 S Arthur St
509-532-3120

CHAS Health Clinic
1001 W 2nd Ave
509-444-8200

Community Clinic
32 W 2nd Ave
509-626-9825

Spokane County Counseling and Recovery Services (CAReS)
509-477-4388

City of Spokane Street Outreach Team
509-358-4250

Call 211 for additional resources

If you are having an emergency, call 911

Mental Health and Addiction Treatment

Frontier Behavioral Health
107 S Division St • **509-838-4651**

Camas Health and Recovery
Transportation available if needed
10811 W 6th Airway Heights
509-481-4990

Compassionate Addiction Treatment
168 S Division • **509-919-3362**

Spokane Regional Health District Syringe Services
M-Th: 2:30pm-4:30pm
or by appointment
1101 W College Ave • **509-324-1686**

Revive Counseling & Re-Entry Navigation
M-F 9am-5pm
509-413-2950

Ideal Option
Outpatient Services;
M-F: 7:30am-6pm; closed 12pm-1pm
208 E Francis • **509-491-3031**

Text the Connect Helpline at 509-960-8529 to be connected to resources

Peer Spokane
M-F: 9am-7pm; Sat/Sun: 9am-5pm
1222 N Post St • **509-867-3778**

STARS Treatment Center
Please call first to check bed availability
628 S. Cowley • **509-570-7257**

Madlie's Place
Recovery nursery for substance exposed infants. Please call to schedule an appointment.
509-315-5146

Shelter Information

House of Charity
(Catholic Charities)
Men 18+ | 7 days/week
Accepting referrals from Daytime Navigation Center ONLY
32 W Pacific • **509-624-7821**

Crosswalk for Teens
(Volunteers of America)
Youth 13-17 | 24/7
1440 N Haven • **509-624-2378**

Family Promise Family Shelter
Families | 24/7
2002 E Mission • **509-723-4663**

Union Gospel Mission Men's Shelter
Men 18+ | 24/7
Sobriety Screening Required
1224 E Trent Ave • **509-535-8510**

Union Gospel Mission Women & Children
24/7 | Sobriety Screening Required
1515 E Illinois Ave • **509-535-0486**

YWCA Shelter for Domestic Violence
Families and Singles | 24/7
509-326-2255

The Way Out
(Salvation Army)
Men and Women 18+
Call for Information
55 W Mission • **509-325-6821**

Real-time shelter capacity can be found at ShelterMeSpokane.org

Free Meal Sites

Other locations under Shelter section and Drop-In Day Centers

Food and Clothing Banks

Salvation Army Food Bank
M-F 10am-3pm
204 E Indiana • **509-325-6821**

Mission Community Outreach Center
M/Th 1pm-4pm | W 10am-1pm
1906 E Mission Ave • **509-536-1084**

Our Place Community Outreach
1509 W College Ave • **509-326-7267**

Off Broadway Family Outreach
Monday 2pm-4pm
2225 W Mallon • **509-998-2630**

SAN Food Pantry
Friday 9am-2pm
715 E Sprague #115 • **509-844-1758**

Spokanimal Pet Food Bank
Tu-Sa 10am-12pm, 1pm-4pm
715 N Crestline St • **509-534-8133**

Breakfast	Crosswalk for Teens VOA	525 W. 2nd	Every Day	9:00am
Lunch	Crosswalk for Teens VOA	525 W. 2nd	Every Day	12:00pm
	Cup of Cool Water (24 and under)	1106 W. 2nd	Mon - Thurs	12:30pm
	Union Gospel Mission (Men)	1224 E. Trent	Every Day	12:00pm
Dinner	Crosswalk for Teens VOA	525 W. 2nd	Every Day	4:00pm
	Union Gospel Mission (Men)	1224 E. Trent	Every Day	6:00pm
	Off Broadway Lighthouse	2225 W Mallon	Monday	2:00-4:00pm
	Main Market $5 Community Dinner	44 W Main	Thursday	4:00-7:00pm